

## Flu Mania

This October I took my family and little son to Disney World. I didn't pay much attention to the news during this time, except to notice almost daily manic fear generated over a predicted lack of flu vaccine. Besides being astonished, just what do I think of all this? When asked, my response is: "*No flu vaccine? Who cares?*"

### **Is the Flu vaccine Effective?**

The flu vaccine is marginally effective at best, causes tens of thousands of cases of severe colds or flu, maims untold numbers of people—some permanently via bizarre, paralyzing Guillain Barre-type syndrome—and dangerous levels of **brain-killing mercury**. And people are lining up for hours, even fighting to get a dose!?

Perhaps the most disgusting thing about the flu vaccine debacle is that the American medical leaders are recommending a double-dose for infants starting at six months of age! Why is this startling? Here is what your doctor will not tell you.

### **Flu Vaccine Facts**

A single dose of flu vaccine will give your infant **25 micrograms of mercury** in one day! And the new multiple shots can bring the total to 37-75 micrograms. Yet mercury has been proven to permanently kill brain neurons. According to the FDA and the EPA, the maximum mercury exposure for the average six month old infant should be **7/10ths of one microgram** daily. So this means a wonderful flu shot will give a baby **32 times the allowable safe dose—twice to ever three times!**

Put it another way, according to the EPA, 200 micrograms of mercury would fit on the head of a pin. And dropping that pinhead of mercury into 23 gallons of water would make it **unsafe for human consumption!**

### **Save Your Brain**

The mercury in the vaccines doesn't just affect infants and kids. Every day I get letters from patients asking me how to help their failing memory. In the same letter, they tell me they got their annual flu shot—just like every other year. Yet the mercury/brain-destruction/memory-loss connection may be the single most powerful factor in memory loss. It is now known that individuals who get too many consecutive flu shots have **10 times the chance** of developing Alzheimer's as those who received one, two or no shots!

The reason according to experts at the University of Kentucky and the Department of Physiology and Biophysics, Faculty of Medicine, University of Calgary, is that mercury and aluminum from vaccines and shots build up in the brain, destroying neurons and brain cells.

The onslaught to the brain from our modern world, modern chemicals, and modern drugs is great. Prescription drugs already affect most people over age 65 mentally. The mercury connection is an added insult. The tiniest amount of this metal is toxic, and the statistics prove just how deadly it can be.

### **Is it Worth the Risk?**

On the protagonist side, a Dutch study showed 25% less deaths in a given year among those individuals who received the flu shot. If that meant one in four people could be saved, it would be powerful indeed. But does this prove that fewer deaths are absolutely due to a flu shot? It is difficult to truly make this assumption in this kind of study. One person in 400 be spared a death in that given year. If they died in 366 days, they would still be counted as one saved.

These kinds of questionable benefits are just not enough for me to choose to poison my brain once a year. Not enough flu vaccine? Thank goodness! The way the manufacturers, press, and medical folks have played on people's fears to generate a flu-vaccine mania this year is pathetic. It is akin to using memory of Christopher Reeve to promote taxpayer dollars to fund stem-cell research.

### **It's About the Money**

This \$3 billion giveaway just passed as an initiative on the California ballot. This money will be given to medical research and development companies to research this questionable therapy. If stem-cell therapy was so dramatic and effective, you can believe that companies would be fighting to pay for this research in order to cash in down the line. This has not happened like it has in the pharmaceutical industry. So with a dose of fear, sympathy, and misinformation, the taxpayer once again gets duped. If anything comes of this research, it will be wonderful. But if so, I can guarantee the therapies won't be free for the taxpayers who fronted the \$3 billion.

***Dr. Bruce West – Health Alert Vol.22, Issue1***